



DIAGNOSING HOPE

TRAINING AGENDA

TITLE: Treasure Hunting: Bringing Solution Focused Questions to Your Counseling Ministry

SPEAKER: Jon Williams, LPC

FORMAT Online, On Demand, Self-Paced, Video Lecture

CE HOURS: 7 hours, NBCC Certified

I. INTRODUCTION

Introduction to The Course

- Introduction to the Instructor
- Treasure Hunting: Integrating SFT with Christian Counseling
- Structure of this Training on SFT and Christian Counseling

II. FOUNDATIONAL CONCEPTS OF SFT, THE PHILOSOPHY BEHIND THE QUESTIONS AND THEIR RELEVANCE TO BIBLICAL PRINCIPLES (1.5 HOURS)

What is Solution Focused Therapy:

- History of Solution Focused Therapy
- SFT in a Nutshell
- Four Critical Theories that Work in SFT

Broaden and Build Theory of Positive Emotions

- Short Introduction
- Elaboration
- Application to Christian Counseling

Hope Theory

- Short Introduction
- Elaboration
- Application to Christian Counseling

Bio-Informational Theory of Emotional Imagery

- Short Introduction
- Elaboration
- Application to Christian Counseling

Language Creates Reality

- Short Introduction
 - Elaboration
 - Application to Christian Counseling
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III. THE PRIMARY QUESTIONS USED IN SFT (2.75 HOURS)

Best Hopes Question

- Short Introduction
- Elaboration
- Example

Miracle Question

- Short Introduction
- Elaboration
- Example

Exception Question

- Short Introduction
- Elaboration
- Example

Coping Question

- Short Introduction
- Elaboration
- Example

Scaling Question

- Short Introduction
- Elaboration
- Example

Relational Question

- Short Introduction
- Elaboration
- Example

Presuppositional Question

- Short Introduction
- Elaboration
- Example

Follow Up Prompts to Get details

VI. THE TREASURE DIAMOND CHART: ORGANIZE CONVERSATIONS, ALLOWING QUESTIONS TO FOCUS ON SPIRITUAL TREASURES IN THERAPY (2.75 HOURS)

What is the Diamond Approach

- Diamond Lecture
- Diamond PDF
- Case Study with Couple's Session

Adapted SFT Treasure Diamond

- Navigating the Treasure Diamond
- Properly Identifying the Treasure
- 1st Session vs. Follow Up Sessions with the Diamond
- Religious vs. Secular Outcomes/Treasures
- Moments in a Session Where You Step Out of the Treasure Diamond
- How Do You Know When You are Done with Therapy?
- Using TwoFold AI: Medical Scribe for SFT Diamond Sessions
- Discount Code and Note Template for TwoFold AI

VII. CONCLUSION

Summary
References
Post Training Survey

Diagnosing Hope: Therapy and Consulting, LLC is pleased to offer

Treasure Hunting: Bringing Solution Focused Questions to Your Counseling Ministry

This 7 hour continuing education training program is designed to help Christian counselors (including non-licensed church ministers) integrate Solution Focused Questions with Christian counseling.

In Solution Focused Therapy, the primary techniques/interventions are a series of questions the counselor asks the client. These questions guide the conversation in a hope focused way that leads to positive change. Some examples of these interventions include the Miracle Question, the Exception Question, the Relational Question and the Scaling Question, amongst others. These questions are grounded, practical and appropriate for even the *clinically lay* counselor

Benefits of this Training:

- You will bring more professional skills to your counseling work, even if its not clinical and in a ministry setting with church/community members
- You will be able to integrate a professional counseling theory and interventions that complement, and do not contradict, your Biblical values and principles
- You will develop an approach that helps clients reach their desired outcomes quicker, especially useful for high caseloads or extensive efforts in counseling church members
- For educational institutions, you can integrate this course and enhance your training of ministry students
- For churches, you can equip your ministry staff with more tools to support your flock with their life struggles and improve their spiritual care

The idea of "treasure Hunting" comes from Matthew 6 where Jesus states "*where your treasure is, there will your heart be also.*" The point is primarily existential: contrasting eternal hopes with temporal ones.

However, it also touches on an aspect of human development and change: that our heart, soul, mind, strength and behavior are willing to chase after worthwhile treasures.

By our nature, we are treasure hunters!

And shifting our focus to the proper treasure is key in changing the heart. Consequently, this is a launching point into the discussion of how solution focused questions, in tandem with Christian principles, work together in developing the right hopes for clients to pursue meaningful change. Even Jesus understood that leveraging the relationship between the heart and hope was critical for creating change.

Set your client's sight on a wholesome clinical treasure, and watch their hearts chase after it.

You might ask, "*why would I want to bring Solution Focused Questions to a Christian/Biblical Counseling session?*" The answer is that Solution Focused Therapy (SFT) at its core is harmonious with what Jesus says in Matthew 6:19-21. Shifting focus to the right hope is critical in changing a person! When it comes to human's making change for the better, SFT says clinically what the Bible says spiritually.

The target demographics for this training includes:

- Licensed clinicians who practice, or want to practice, with Christian modalities
- Licensed clinicians who practice, or want to practice, with SFT modalities
- Licensed clinicians who have clients desiring to integrate their Christian worldview into therapy
- Non-licensed ministers who engage their church/community in Christian counseling

Upon completion, participants will be able to:

- Identify foundational concepts of SFT and their relevance to Christian Counseling (1.5 Hours)
- Identify primary interventions of SFT (2.75 Hours)
- Develop a structured pattern of integrating Solution Focused Questions into a Christian Counseling session using the Diamond Approach (2.75 Hours)

Format: Online, On Demand, Self-Paced, Video Lecture

Click Here to Register: [Click here to register.](#)



Continuing Education Credit Available: Diagnosing Hope is offering "Treasure Hunting: Bringing Solution Focused Questions to Your Counseling Ministry" for 7 continuing education credit hours.

Diagnosing Hope: Therapy and Consulting LLC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 8153. Programs that do not qualify for NBCC credit are clearly identified. Diagnosing Hope: Therapy and Consulting LLC is solely responsible for all aspects of the programs.

If you need special accommodations or have questions, please contact us.

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